

CURRICULUM
VITAE

DR. CHRISTOPHER J.
WALSH

2008

ACADEMIC QUALIFICATIONS

M.B.B.S. Melbourne University 1982 (equivalent to MD in the USA)

D.P.M. Melbourne University 1994

MEMBERSHIPS

F.A.Ch.A.M. 2004 (Fellow of The Australian Chapter of Addiction Medicine)

Member of The College of Contemporary Psychotherapy 2005

APSAD (Australian Professional Society for Alcohol and Other Drugs)

AACBT (Australian Association of Cognitive Behavioural Therapy)

SIGATSI (College of Psychiatry Special Interest Group in Aboriginals and Torres Strait Islanders)

Family Drug and Alcohol Network (FADNET).

REGISTRATION

Registered as a medical practitioner with the medical board since 1983. Registration no: 195777

Registered as a consultant physician in the specialty of psychiatry by the Specialist Recognition Advisory Committee for the State of Victoria, as from April 11, 1994.

Accredited Supervisor of Trainee Psychiatrists for the Royal Australian and New Zealand College of Psychiatrists (RANZCP)

CURRENT POSITIONS:

Private psychiatric practice

Member of Steering Committee of Family Drug Help (FDH)

Founder and moderator of internet discussion group, Constellation Talk (450+ members worldwide) for peer supervision for practitioners of Systemic Family Constellations

Consultant Psychiatrist to Victorian Addiction Centre and to Odyssey House

LANGUAGES

English – native speaker

Spanish – conversational fluency

Publications

Psychostimulant Abuse: A Treatment Overview (1994)

Proceedings of Autumn School of Studies on Alcohol and Drugs.
St. Vincent's Hospital, Melbourne.

Psychological and Behavioural Problems in Children of Adults on Methadone Maintenance. (1994)

Proceedings of the APSAD (Australian Professional Society on
Alcohol and Drugs) National Conference.

Assessment & Treatment of Anxiety Disorders in People on Methadone Maintenance. (1996)

Proceedings of Australian National Methadone Conference

The Therapeutic Alliance With Those With Dual Diagnosis (1998)

Problematic Drug & Alcohol Use and Mental Illness
National Conference Melbourne

The Practical Application of Mindfulness in Individual Cognitive Therapy (2005)

28th National conference for the Australian Association for Cognitive and Behaviour Therapy
(AACBT) in April.

Carmen's Dream: Integrating Family Constellation Work with Ongoing Therapy (2005)

The Knowing Field, International Constellations Journal pp 33-37

Book Review (2007): Foundations of Clinical Psychiatry, 3rd edn SIDNEY BLOCH & BRUCE

SINGH, eds. Melbourne: Melbourne University Press, 2007
Drug and Alcohol Review (September 2007), 26, pp569-570

Mindfulness and Phenomenology (2008)

The Knowing Field, International Constellations Journal pp 28-34

Web Pages

www.cwalsh.com.au

www.mindfulness.org.au

www.familyconstellations.org.au

Unpublished Conference Presentations

Introduction to Mindfulness in Treating Addictions Workshop

Presented at:

1. The Australasian Professional Society on Alcohol and Other Drugs (APSAD) Conference, Melbourne, Australia, November 2005
2. Australian Winter School, Brisbane, Australia, July 2006

Assessment & Management of Anxiety in People with Substance Abuse Problems. - Workshop

Australian Winter School, July 2006

Getting Past the Blame Trap in Families of Substance Abusers by Understanding Trans-generational Family Issues - Workshop

The Family Alcohol and Drug Network (FADNET) Conference, Melbourne, Australia, August 2006

Why families need their men: Helping fathers emerge from the wings - Workshop

The Family Alcohol and Drug Network (FADNET) Conference, Melbourne, Australia, June 2007

Community Unfolding: Supporting our Growth through Connection and Cooperation - Panel Member

2nd USA Conference on Systemic Constellation Work, North Carolina, USA October 2007

Minding our Business: A Critical Review of What We Do – Panel Member

2nd USA Conference on Systemic Constellation Work, North Carolina, USA October 2007

Mindfulness-Based Phenomenology in Constellation Work - Workshop

2nd USA Conference on Systemic Constellation Work, North Carolina, USA, October 2007

Clinical Applications of Meditation - Case Studies. Panel Moderator

3rd Annual Conference Mind and Its Potential, Sydney, Australia, November 2007

Plenary Session Panel Member

Equity in Access to Treatment for Hepatitis C. Romance and Reality.

Case-based discussion:

HCV treatment – the reality. Turning Point Healthy Liver Clinic experience. St Vincent's Clinic experience. Alcohol and HCV. Mental health issues. Injecting issues. Substitution therapy and treatment.

15th National Symposium on Hepatitis B and C, November 2007

WORK EXPERIENCE

Early Medical

1983

Residency year at Ballarat Base Hospital

1984

R.M.O. year - Wangaratta Base Hospital

Emergency department, Orthopaedics, Obstetrics and Gynaecology, Paediatrics

1985 & 1986

Beechworth Psychiatric Hospital

Acute Adult Psychiatry, Rehabilitation, Drug and Alcohol Detoxification and Rehab.

Psychiatry Training

1987 -1989

Heatherton Psychiatric Hospital

Six months in a Crisis Team

Six months in Psychogeriatrics

Twelve months in community psychiatry

Including a six month placement at **Prince Henry's Hospital** Liaison Psychiatry

And a six month placement at **Monash Medical Centre** Child Psychiatry

1990 -1992

Mont Park & Larundel Hospitals

Including 6 months Forensic Psychiatry

And 18 Months in the Aboriginal Mental Health Unit

As Qualified Psychiatrist

August 1992 - August 1994

Drug Services Victoria (DSV)

Specialist Medical Officer / Consultant psychiatrist

Program Manager of Men's Acute Withdrawal Unit. and of the Assessments Area..

Acting Head of Medicine (November 1992 - March 1993)

Deputy Head of Medicine (March 1993 - August 1994)

Other Roles from August 1992 to August 1994:

Lecturing foreign doctors preparing for the A.M.C. exams in psychiatry, as part of the program organised by the Victorian Medical Postgraduate Foundation.

Lecturer, tutor and examiner of fifth year medical students for the Department of Community Medicine, Melbourne University.

September 1994 - January 2000

Consultant Psychiatrist Western Hospital Footscray

Consultant Psychiatrist SUMITT (Substance Use & Mental Illness Treatment Team) December 1997 – January 2000

This was Victoria's first dual diagnosis multidisciplinary treatment team. As well as being team leader Dr Walsh developed a dual diagnosis curriculum for psychiatric registrars and advocated for effective dual diagnosis initiatives within both drug and alcohol and psychiatric services. He also gave lectures and tutorials to other psychiatrists and psychiatric registrars, including presenting at the MPM course.

September 1993 – 2002

Consultant to the Drug and Alcohol Clinical Advisory Service

August 2004 – November 2007

Psychiatrist to Turning Point Drug & Alcohol Treatment, Research and Training Centre

Private Practice

1994 – 1998

Consultant Psychiatrist to The Melbourne Clinic

Consultant Psychiatrist to The Epworth Hospital Drug and Alcohol Unit (including the running of a relapse prevention group).

1998 – Current

Private practice in Clifton Hill and Carlton

Current Practice

Since 1998, Dr Walsh's practice has been a psychotherapy and general psychiatry practice, with an emphasis on treating people with addictions and the dual diagnoses of substance abuse and other psychiatric disorders.

He is interested in systemic issues and is a member of Family Drug and Alcohol Network (FADNET). He was recently invited to join the steering committee of Family Drug Help (FDH), an innovative and effective self help organisation for families of people with substance abuse.

He is consultant to the Victorian Addiction Centre and to Odyssey House outreach program where he:

- is instituting a mindfulness based relapse prevention program
- assesses and manages dual diagnosis patients
- provides supervision to medical, nursing and allied health staff